



# THE BELLERIVE QUAY HEALTH HUB

HOLISTIC WELLNESS CENTRE



## 12 WEEK WEIGHT LOSS PROGRAM

**Now available at The Bellerive Quay Health Hub!**

***A First for Tasmania-  
Revolutionising weight loss results!!***

The Bellerive Quay Health Hub is a Multi-Disciplinary Health Centre specialising in weight management. Our team understands that weight management is a complex process that involves a range of physiological and psychological factors, and for many people, simple exercise and nutrition is not enough.

We know the impact that weight problems can have on an individual's health, confidence, relationships and general enjoyment of life - and the very great benefits that even small weight losses can bring!

### **Enrolments Essential**

**See the Website and phone The Hub to book into available Classes!  
Hurry as places are filling fast!**

The Bellerive Quay Health Hub  
33 Cambridge Road  
Bellerive Quay, TAS, 7018

Level 1 Shop 3A - Group Therapy and Education Hub  
Level 2 Shop 6 - Reception and Retail Hub  
Level 3 - Therapy, Assessment and Consultation Hub

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