

## THE BELLERIVE QUAY HEALTH HUB

HOLISTIC WELLNESS CENTRE



## A first for Tasmania.

## Now available at The Bellerive Quay Health Hub! Revolutionising weight loss results!

The Bellerive Quay Heath Hub is a Multi-Disciplinary Health Centre specialising in weight management. Our team understands that weight management is a complex process that involves a range of physiological and psychological factors, and for many people, simple exercise and nutrition is not enough.

We know the impact that weight problems can have on an individual's health, confidence, relationships and general enjoyment of life - and the great benefits that even small weight losses can bring!

## **Enrolments Essential**

See the Website and phone The Hub to book in for one of our free weight loss information evenings!

w: www.yourhealthhub.com.au