



THE BELLERIVE QUAY
HEALTH HUB
HOLISTIC WELLNESS CENTRE

Where to find us



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Nurse Practitioner
Community Consultancy Service



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Everyone has a unique story, the right to be treated with respect, and the right to be involved in decisions about their own health care. The service supports individuals throughout their life, through the provision of clinical services, support, education and promotion of healthy life choices. Concerns about health are universal, no matter what your sexual orientation.

Sexual Health Service

Would you like to speak with someone about your sexuality?

Are you overdue for a Pap Smear?

Have you recently had sex with someone you don't know or have you started a new relationship?

Sexually transmissible infections (STIs) don't always have symptoms, so you could have an STI without knowing and pass it on to someone else. It's important to have regular check-ups. Testing for STIs is simple and the majority are easily treated.

The Sexual Health Service at the Bellerive Quay Health Hub offers patients a confidential space, free of judgement, to improve their health and wellbeing. The service believes in optimising health outcomes for individuals to improve their sexual health at different stages throughout life. The service is staffed by a Sexual Health Nurse Practitioner passionate about men's, women's and LGBTI health covering preventative health, diagnostics, and treatments, including:

Clinical Service for females:

- Pap smears
- Contraception, including insertion and removal of Implanon ("the bar")
- Vulval/vaginal pain
- Vulval itch
- Pain during sex
- Menstrual cycle concerns
- Pregnancy testing
- Menopause and midlife advice
- Education on breast self-examination
- Vaginal discharge
- Genital lumps and bumps
- Genital ulcers
- Genital dermatology
- Sexually Transmissible Infection (STI) testing, diagnosis, treatment and education
- HIV diagnosis and management
- Normal genital anatomy education
- Loss of libido/anorgasmia
- Sexuality
- Gender dysphoria
- Nutrition and healthy lifestyle advice
- Safe sex education

Clinical Service for males:

- STI testing diagnosis, treatment and education
- Gay men's health, including HIV Post - Exposure Prophylaxis (PEP) and Pre - Exposure Prophylaxis (PrEP)
- Erectile dysfunction
- Scrotal pain/swelling
- Education on scrotal self-examination
- Genitourinary symptoms or concerns
- Genital lumps and bumps
- Genital ulcers
- Genital dermatology
- HIV diagnosis and management
- Normal genital anatomy education
- Loss of libido/anorgasmia
- Sexuality
- Gender dysphoria
- Nutrition and healthy lifestyle advice
- Safe sex education

